



# SETAC SERVICES MARCH 2020

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus  
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
2 PHYSIO PHYSIO GYM groups FITNESS 4:30pm MENS FITNESS 5:30pm	3 ACUPUNCTURE MASSAGE - Cygnet DOVER FITNESS	4 PLAYGROUP FITNESS 4:30pm GP Room	5 HERBALIST FITNESS 4:30pm GP Room	6 FAMILY PLANNING MOBILITY FITNESS 11:00am GP Room
9 PUBLIC HOLIDAY (Eight Hours Day)	10 ACUPUNCTURE DOVER FITNESS	11 PLAYGROUP SPEECH THERAPY FITNESS 4:30pm GP Room	12 PODIATRY - Dover MOBILITY FITNESS 11:00am GP Room FITNESS 4:30pm GP Room	13
16 PHYSIO PHYSIO GYM groups FITNESS 4:30pm MENS FITNESS 5:30pm	17 ACUPUNCTURE DOVER FITNESS	18 SPEECH THERAPY PLAYGROUP AUSTRALIAN HEARING FITNESS 4:30pm GP Room	19 HERBALIST MOBILITY FITNESS 11:00am GP Room FITNESS 4:30pm GP Room	20 FAMILY PLANNING MUM'S & BUB'S CHILD HEALTH NURSE
23 PHYSIO PHYSIO GYM groups FITNESS 4:30pm MENS FITNESS 5:30pm	24 ACUPUNCTURE DOVER FITNESS	25 SPEECH THERAPY PLAYGROUP PODIATRY - Cygnet FITNESS 4:30pm GP Room	26 FITNESS 4:30pm GP Room	27 HYPNOTHERAPY MOBILITY FITNESS 11:00am GP Room
30 PHYSIO PHYSIO GYM groups FITNESS 4:30pm MENS FITNESS 5:30pm	31 ACUPUNCTURE MASSAGE - Geeveston DOVER FITNESS			

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



# SETAC GROUPS MARCH 2020



Spaces for groups are limited so please book early to secure a spot.

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9 PUBLIC HOLIDAY (Eight Hours Day)	10	11	12	13 <i>Cygnets &amp; Dovers Women's Groups for March date and time to be confirmed</i>
16	17	18	19 Eating With Friends Dover Esperence Multi-Purpose Centre <i>spaces are limited</i>	20
23 CARE GROUP	24 Cygnets & Dovers Men's Group <i>Australian Hearing 10.30am-12.30pm</i> Esperence Multi-Purpose Centre	25	26	27
30	31			

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SETAC Primary Health Care & Well-being Centre 7393 Channel Hwy, Cygnets TAS 7112 Phone: (03) 6295 1125 Fax: (03) 6295 0752 Email: [health@setac.org.au](mailto:health@setac.org.au)