



SETAC SERVICES JANUARY 2020

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PUBLIC HOLIDAY New Year's Day	2 FITNESS 4:30pm GP Room	3 MOBILITY FITNESS 11:00am GP Room
6 PHYSIO PHYSIO GYM FITNESS 4:30pm MENS FITNESS 5:30pm	7 ACUPUNCTURE MASSAGE DOVER FITNESS	8 ST GILES FITNESS 4:30pm GP Room	9 PODIATRY - Dover HERBALIST FITNESS 4:30pm GP Room	10 FAMILY PLANNING MOBILITY FITNESS 11:00am GP Room
13 PODIATRY PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	14 DOVER FITNESS	15 ST GILES FITNESS 4:30pm GP Room	16 MOBILITY FITNESS 11:00am GP Room FITNESS 4:30pm GP Room	17 CHILD HEALTH NURSE MUMS & BUBS
20 DIABETES CLINIC PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	21 ACUPUNCTURE DOVER FITNESS	22 AUSTRALIAN HEARING ST GILES PODIATRY FITNESS 4:30pm GP Room	23 HERBALIST FITNESS 4:30pm GP Room	24 HYPNOTHERAPY FAMILY PLANNING MOBILITY FITNESS 11:00am GP Room
27 PUBLIC HOLIDAY Australia Day	28 ACUPUNCTURE MASSAGE - Geeveston DOVER FITNESS	29 ST GILES FITNESS 4:30pm GP Room	30 FITNESS 4:30pm GP Room	31 MOBILITY FITNESS 11:00am GP Room

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



SETAC GROUPS JANUARY 2020



Spaces for groups are limited so please book early to secure a spot.

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South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PUBLIC HOLIDAY New Year's Day	2	3
6	7	8	9	10
13 SETAC BALLAWINNE FESTIVAL Free Cultural Day Ticketed Dark Emu Event The Cannery Cygnet	14 SETAC BALLAWINNE FESTIVAL Free Truth Telling Event Fanny Cochrane Smith Church	15	16 Eating With Friends Dover Esperence Multi-Purpose Centre spaces are limited	17
20	21 Dover Men & Women Keep Active Fun Day & Health Checks Jim Casey Oval 10.30am-12.30pm	22	23 Cygnet Men & Women Keep Active Fun Day & Health Checks Burtons's Reserve 10am-12pm	24
27 PUBLIC HOLIDAY Australia Day	28	29		31

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SETAC Primary Health Care & Well-being Centre 7393 Channel Hwy, Cygnet TAS 7112 Phone: (03) 6295 1125 Fax: (03) 6295 0752 Email: health@setac.org.au