



SETAC SERVICES DECEMBER 2019

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
2 DERMATOLOGY PHYSIO PHYSIO GYM FITNESS 4:30pm MENS FITNESS 5:30pm	3 MASSAGE - Cygnet DOVER FITNESS	4 PLAYGROUP 9.30-11.30am ST GILES FITNESS 4:30pm GP Room	5 DIETICIAN FITNESS 4:30pm GP Room	6 HYPNOTHERAPY MOBILITY FITNESS 11:00am GP Room
9 PODIATRY - Cygnet PHYSIO PHYSIO GYM FITNESS 4:30pm MENS FITNESS 5:30pm	10 ACUPUNCTURE DOVER FITNESS	11 PLAYGROUP 9.30-11.30am FITNESS 4:30pm GP Room	12 HERBALIST FITNESS 4:30pm GP Room	13 FAMILY PLANNING MOBILITY FITNESS 11:00am GP Room SETAC Closed 12.30pm
16 DIABETES CLINIC PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	17 ACUPUNCTURE DOVER FITNESS	18 PLAYGROUP 9.30-11.30am ST GILES FITNESS 4:30pm GP Room	19 FITNESS 4:30pm GP Room	20 MOBILITY FITNESS 11:00am GP Room
23 PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	24 SETAC Closed 12.30pm	25 Christmas Day 	26 Boxing Day	27 SETAC Closed
30 SETAC Closed	31 SETAC Closed			

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government

SETAC Primary Health Care & Well-being Centre 7393 Channel Hwy, Cygnet TAS 7112 Phone: (03) 6295 1125 Fax: (03) 6295 0752 Email: health@setac.org.au




SETAC GROUPS DECEMBER 2019



Spaces for groups are limited so please book early to secure a spot.

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Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Dover Men & Women Christmas Morning Tea Esperence Multi-Purpose Centre	4	5	6 Learn to Swim 0-4yrs
9 CARE GROUP 10am-12pm GP Room	10 Cygnet Men & Women Christmas Morning Tea & Nurse Health Checks GP Room	11	12	13 Learn to Swim 0-4 yrs SETAC Closed 12.30pm
16	17	18 Eating With Friends Franklin Huon Regional Care spaces are limited	19 Quit Smoking Group Eating with Friends Dover Esperence Multi-Purpose Centre	20
23	24 SETAC Closed 12.30pm	25 Christmas Day 	26 Boxing Day	27 SETAC Closed
30 SETAC Closed	31 SETAC Closed			

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