



SETAC SERVICES NOVEMBER 2019

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
				1 FAMILY PLANNING
4 PODIATRY - Cygnet PHYSIO PHYSIO GYM FITNESS 4:30pm MENS FITNESS 5:30pm	5 MASSAGE - Cygnet DOVER FITNESS	6 ST GILES PLAYGROUP 9.30-11.30am FITNESS 4:30pm GP Room	7 FITNESS 4:30pm GP Room	8 HYPNOTHERAPY MOBILITY FITNESS 11:00am GP Room
11 PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	12 DOVER FITNESS	13 PLAYGROUP 9.30-11.30am AUSTRALIAN HEARING FITNESS 4:30pm GP Room	14 HERBALIST PODIATRY - Dover FITNESS 4:30pm GP Room	15 FAMILY PLANNING MOBILITY FITNESS 11:00am GP Room
18 PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	19 ACUPUNCTURE DOVER FITNESS	20 ST GILES PLAYGROUP 9.30-11.30am FITNESS 4:30pm GP Room	21 FITNESS 4:30pm GP Room	22 OPTOMETRIST MOBILITY FITNESS 11:00am GP Room
25 PHYSIO PHYSIO GYM FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	26 ACUPUNCTURE MASSAGE - Geeveston DOVER FITNESS	27 ST GILES PLAYGROUP 9.30-11.30am PODIATRY - Cygnet FITNESS 4:30pm GP Room	28 HERBALIST MOBILITY FITNESS 11:00am GP Room FITNESS 4:30pm GP Room	29 FAMILY PLANNING CHILD HEALTH NURSE

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



SETAC GROUPS NOVEMBER 2019



Spaces for groups are limited so please book early to secure a spot.

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Monday	Tuesday	Wednesday	Thursday	Friday
				MUMS & BUBS Nappy Rash Workshop - Danu Herbs GP Room
4	Dover Women's Circle Christmas shopping trip to Eastlands Shopping Centre	6	7	8
CARE GROUP 10am-12pm GP Room	12	13	14	15
18	19	20	TACKLING SMOKING GROUP Fanny Cochrane Smith Church EATING WITH FRIENDS - DOVER spaces are limited	22
CARE GROUP 10am-12pm GP Room	Cygnnet Women's Circle Christmas shopping trip to Eastlands Shopping Centre	27	Dover & Cygnnet Men's Groups Christmas shopping trip to Bunnings Kingston	MUMS & BUBS Child Health Nurse Available GP Room

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