



# SETAC SERVICES SEPTEMBER 2019

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus  
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
2 DERMATOLOGY PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	3 ACUPUNCTURE MASSAGE - Cygnet  DOVER FITNESS	4 ST GILES PLAYGROUP 9.30-11.30am HERBALIST FITNESS 4:30pm GP Room	5 ACUPUNCTURE MOBILITY FITNESS 11:00am GP Room FITNESS 4:30pm GP Room	6 MUMS & BUBS CHILD HEALTH NURSE FAMILY PLANNING
9 PODIATRY - Cygnet PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	10 ACUPUNCTURE  DOVER FITNESS	11 ST GILES PLAYGROUP 9.30-11.30am AUSTRALIAN HEARING HERBALIST FITNESS 4:30pm GP Room	12 ACUPUNCTURE PODIATRY - Geeveston FITNESS 4:30pm GP Room	13 HYPNOTHERAPY  MOBILITY FITNESS 11:00am GP Room
16 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	17 ACUPUNCTURE  DOVER FITNESS	18 PLAYGROUP 9.30-11.30am  HERBALIST FITNESS 4:30pm GP Room	19 FITNESS 4:30pm GP Room	20 FAMILY PLANNING  MOBILITY FITNESS 11:00am GP Room
23 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30pm GP Room MENS FITNESS 5:30pm	24 ACUPUNCTURE MASSAGE - Geeveston  DOVER FITNESS	25 ST GILES PLAYGROUP 9.30-11.30am PODIATRY - Cygnet HERBALIST FITNESS 4:30pm GP Room	26 FITNESS 4:30pm GP Room	27 MOBILITY FITNESS 11:00am GP Room
30 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30pm GP Room MENS FITNESS 5:30pm				

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government

SETAC Primary Health Care & Well-being Centre 7393 Channel Hwy, Cygnet TAS 7112 Phone: (03) 6295 1125 Fax: (03) 6295 0752 Email: [health@setac.org.au](mailto:health@setac.org.au)



# SETAC GROUPS SEPTEMBER 2019



Spaces for groups are limited so please book early to secure a spot.

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South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
9 <b>CARE GROUP</b> 10am-12pm GP Room	10 Dover and Cygnet Men's Group Falls Prevention & Action Plan 10.30am-12.30pm Esperence Multi-Purpose Centre	11	12 Dover Women's Circle Falls Prevention & Action Plan 10.30am-12.30pm Huonville	13 Mums & Bubs Baby and Child First Aid for Parents GP Room
16	17	18 EATING WITH FRIENDS FRANKLIN spaces are limited	19 EATING WITH FRIENDS DOVER Cygnet Women's Circle Falls Prevention & Action Plan Huonville 10.30am	20 Art Workshop Fanny Cochrane Smith Church Saturday 21st
23 CARE GROUP 10am-12pm GP Room	24	25	27	27
30				

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