



# SETAC SERVICES JULY 2019

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



Search: @setacaus  
South East Tasmanian Aboriginal Corporation

Monday	Tuesday	Wednesday	Thursday	Friday
1 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP Room MENS FITNESS 5:30PM	2 MASSAGE - CYGNET	3 PLAYGROUP 9:30AM SPEECH THERAPY FITNESS 4:30PM GP Room	4 DIABETES GROUP - GEEVESTON MOBILITY FITNESS 11:00AM GP Room FITNESS 4:30PM GP Room	5 MUMS & BUBS CHILD HEALTH NURSE
8 PHYSIO - CYGNET <b>No Physio Gym due to NAIDOC Event</b> FITNESS 4:30PM GP Room MENS FITNESS 5:30PM	9	10 PLAYGROUP 9:30AM SPEECH THERAPY FITNESS 4:30PM GP Room	11 DIABETES GROUP - GEEVESTON PODIATRY DOVER FITNESS 4:30PM GP Room	12 MOBILITY FITNESS 11:00AM GP Room
15 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP Room MENS FITNESS 5:30PM	16	17 PLAYGROUP 9:30AM SPEECH THERAPY FITNESS 4:30PM GP Room	18 FITNESS 4:30PM GP Room	19 MOBILITY FITNESS 11:00AM GP Room
22 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP Room MENS FITNESS 5:30PM	23 MASSAGE - GEEVESTON	24 PODIATRY CYGNET PLAYGROUP 9:30AM FITNESS 4:30PM GP Room	25 FITNESS 4:30PM GP Room	26 WOMEN'S HEALTH (FPT) MOBILITY FITNESS 11:00AM GP Room
29 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP Room MENS FITNESS 5:30PM	30	31 AUSTRALIAN HEARING - CYGNET PLAYGROUP 9.30AM SPEECH THERAPY FITNESS 4:30PM GP Room		

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



# SETAC GROUPS JULY 2019



Spaces for groups are limited so please book early to secure a spot.

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Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8 NAIDOC Week Flag Raising 10am-12pm Cygnet - GP Room	9 CYGNET & DOVER WOMEN'S CIRCLE Bunning's Trip 10am - 12pm	10	11 CYGNET & DOVER MEN'S GROUP Bunning's Trip 10am - 12pm	12 Saturday 13th July Film & BBQ 11am-3pm Cygnet Town Hall
NAIDOC EVENT	NAIDOC WEEK	NAIDOC WEEK	NAIDOC WEEK	NAIDOC EVENT
15	16 CYGNET WOMEN & MEN Kidney Health Info Session 10am-12pm GP Room	17 EATING WITH FRIENDS FRANKLIN Bookings Essential	18 EATING WITH FRIENDS DOVER Bookings Essential	19
22 CARE GROUP 10am-12pm GP Room	23	24	25	26
29	30 DOVER WOMEN & MEN Stroke Foundation Info Session 10.30am-12.30pm Port Esperence Sailing Club	31		

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