



# SETAC GROUPS MAY 2019



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South East Tasmanian Aboriginal Corporation

Spaces for groups are limited so please book early to secure a spot.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 PLAYGROUP 9:30AM	2 CYGNET MEN'S AQUATHERAPY WOODBRIDGE POOL 2:00PM - 3:00PM	3
6 Cygnet & Dover Men's Group <b>Warrior Fishing</b> Cradoc Jetty Bus Leaving Cygnet 10:30am Bus Leaving DEMP 9:30am	7 DOVER WOMEN'S CIRCLE <b>KIDNEY HEALTH</b> DOVER - EMPC 10:30 -12:30	8 PLAYGROUP 9:30AM	9 CYGNET MEN'S AQUATHERAPY WOODBRIDGE POOL 2:00PM - 3:00PM	10
13 CARE GROUP	14	15 <b>TO BE CONFIRMED</b> EATING WITH FRIENDS FRANKLIN <b>BOOKINGS ESSENTIAL</b> PLAYGROUP 9:30AM	16 EATING WITH FRIENDS DOVER <b>BOOKINGS ESSENTIAL</b>	17
20 Cygnet & Dover Men's Group <b>Warrior Fishing</b> Petchey's Bay Jetty Bus Leaving Cygnet 10:30am Bus Leaving DEMP 9:30am	21 <b>TO BE CONFIRMED</b> Dover & Cygnet WOMENS Group <b>HEART FOUNDATION HEALTH</b> BUS LEAVES CYGNET 9:15AM MEETING @ DOVER JETTY 10:45AM	22 PLAYGROUP 9:30AM	23 DOVER MEN'S GROUP <b>ASTHMA TALK</b> Port Esperance Sailing Club 10:30 am - 12:30pm	24
27 <b>TO BE CONFIRMED</b> Dover & Cygnet Men's Group <b>PROSTRATE CANCER TALK CRUISE</b> BUS LEAVES CYGNET 9:15AM MEETING @ DOVER JETTY 10:45AM	28	29 PLAYGROUP 9:30AM	30	31

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



# SETAC Services MAY 2019



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PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AUSTRALIAN HEARING HERBALIST - GEEVESTON HYPNOTHERAPY FITNESS 4:30PM GP ROOM	2 HERBALIST - CYGNET FITNESS 4:30PM GP ROOM	3 MUMS & BUBS SHARON O'ROURKE MOBILITY FITNESS 11:00AM General Purpose Room
6 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	7 MASSAGE CYGNET	8 ST GILES FITNESS 4:30PM GP ROOM	9 HERBALIST - CYGNET PODIATRY DOVER FITNESS 4:30PM GP ROOM	10 MOBILITY FITNESS 11:00AM General Purpose Room
13 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm ACUPUNCTURE FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	14 MASSAGE - GEEVESTON ACUPUNCTURE	15 HERBALIST - GEEVESTON ACUPUNCTURE ST GILES FITNESS 4:30PM GP ROOM	16 HERBALIST - CYGNET ACUPUNCTURE FITNESS 4:30PM GP ROOM	17 WOMEN'S HEALTH (FPT) ACUPUNCTURE MOBILITY FITNESS 11:00AM General Purpose Room
20 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm DIABETES EDUCATOR TBC FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	21 MASSAGE CYGNET	22 PODIATRY CYGNET ST GILES FITNESS 4:30PM GP ROOM	23 HERBALIST - CYGNET FITNESS 4:30PM GP ROOM	24 MOBILITY FITNESS 11:00AM General Purpose Room
27 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm MASSAGE - DOVER FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	28	29 AUSTRALIAN HEARING HERBALIST - GEEVESTON ST GILES FITNESS 4:30PM GP ROOM	30 HERBALIST - CYGNET FITNESS 4:30PM GP ROOM	31 WOMEN'S HEALTH (FPT) MOBILITY FITNESS 11:00AM General Purpose Room

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