



SETAC GROUPS APRIL 2019



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South East Tasmanian Aboriginal Corporation

Spaces for groups are limited so please book early to secure a spot.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cygnets Men & Dover Men Fishing Group - Dover Jetty <i>Pick Up at Cygnet 9:30</i> <i>Pick Up at DEMP 10:30</i>	2 Dover Men & Womens Groups DIABETES Talk DEMP 10:30 -12:30pm	3	4 CYGNET MENS AQUA 2pm at Woodbridge 2:00- 3:00pm	5
8 CARE GROUP - CYGNET	9 Cygnets Men & Womens Group STROKE Talk SETAC GP ROOM at 10:30	10	11 CYGNET MENS AQUA 2pm at Woodbridge 2:00- 3:00pm	12
15 Cygnets Men & Dover Men Fishing Group - Port Huon Jetty <i>Pick Up at Cygnet 9:30</i> <i>Pick Up at DEMP 9:30</i>	16	17 EATING WITH FRIENDS Franklin <i>Bookings Essential</i>	18 EATING WITH FRIENDS Dover <i>Bookings Essential</i> CYGNET MENS AQUA 2pm	19
22 PUBLIC HOLIDAY OFFICE CLOSED	23 PUBLIC HOLIDAY OFFICE CLOSED	24	25 PUBLIC HOLIDAY OFFICE CLOSED	26
29 Cygnets Men & Dover Men Fishing Group - Franklin Forshore <i>Pick Up at DEMP 9:30</i> <i>Pick Up at Cygnet 10:00</i>	30			

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



SETAC SERVICES APRIL 2019



PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT

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Monday	Tuesday	Wednesday	Thursday	Friday
1 DIABETES EDUCATOR 2PM-4PM DERMATOLOGIST - CYGNET PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM	2 MASSAGE CYGNET ACUPUNCTURE - CYGNET	3 HYPNOTHERAPY - CYGNET PLAYGROUP 9:30 AM St Giles FITNESS 4:30-5:30pm GP Room	4 HERBALIST - CYGNET DIABETES WORKSHOP - DOVER FITNESS 4:30-5:30pm GP Room	5 ACUPUNCTURE MEN & WOMEN'S HEALTH (FPT) SHARON O'ROUKE MUMS & BUBS MOBILITY FITNESS 11:00am
8 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM	9 ACUPUNCTURE - CYGNET MASSAGE - GEEVESTON	10 PODIATRY - CYGNET PLAYGROUP 9:30 AM St Giles FITNESS 4:30-5:30pm GP Room	11 HERBALIST - CYGNET/GEEVESTON DIETICIAN - CYGNET PODIATRY - DOVER DIABETES WORKSHOP - DOVER FITNESS 4:30-5:30pm GP Room	12 ACUPUNCTURE OPTOMETRIST CYGNET MOBILITY FITNESS 11:00am
15 DIABETES EDUCATOR 2PM-4PM PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM	16 MASSAGE CYGNET	17 HYPNOTHERAPY PLAYGROUP 9:30 AM St Giles FITNESS 4:30-5:30pm GP Room	18 HERBALIST CYGNET FITNESS 4:30-5:30pm GP Room	19 PUBLIC HOLIDAY OFFICE CLOSED
22 PUBLIC HOLIDAY OFFICE CLOSED	23 PUBLIC HOLIDAY OFFICE CLOSED	24 PLAYGROUP 9:30 AM St Giles FITNESS 4:30-5:30pm GP Room	25 PUBLIC HOLIDAY OFFICE CLOSED ANZAC DAY	26 MEN & WOMEN'S HEALTH (FPT) FOOTCARE CLINIC - DOVER MOBILITY FITNESS 11:00am
29 DIABETES EDUCATOR 2PM-4PM MASSAGE - DOVER PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM	30			