

SETAC Herbalist Clinic

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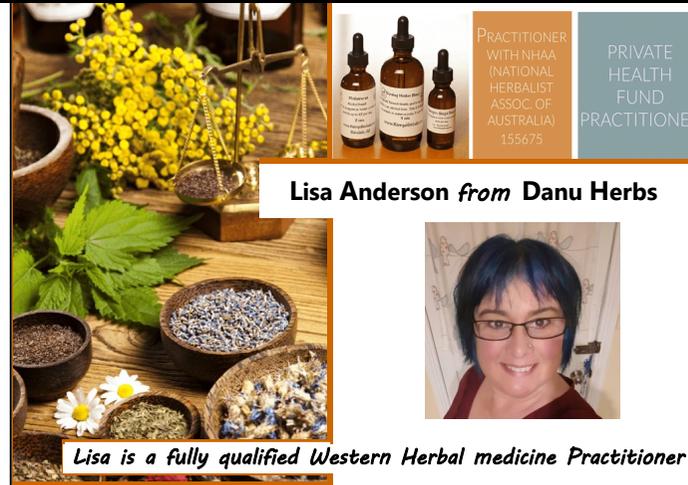
PRACTITIONER WITH NHAA (NATIONAL HERBALIST ASSOC. OF AUSTRALIA) 155675

PRIVATE HEALTH FUND PRACTITIONER

Lisa Anderson from Danu Herbs



Lisa is a fully qualified Western Herbal medicine Practitioner



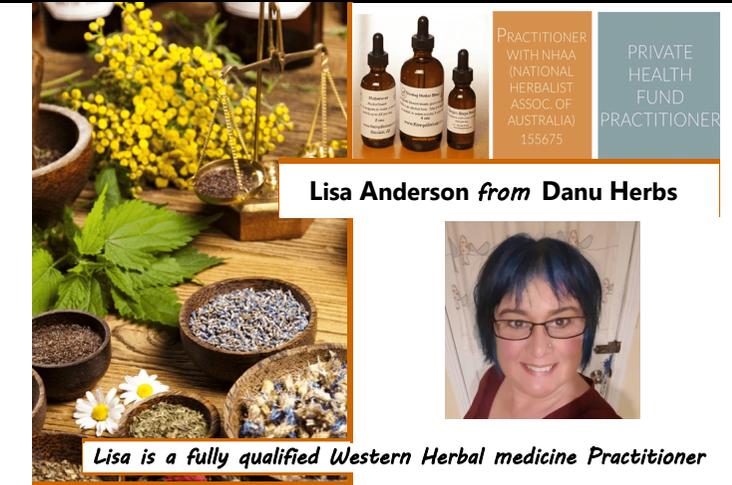
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Western Herbal Medicine Clinic

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Herbal medicine involves using a plant or parts of a plant for healing purposes, this may be in the form of the leaf, flower, stem, seed, root, fruit or bark. The chemicals (constituents) found in these plants can be used to treat a range of conditions. Herbal medicine is considered to be the most ancient form of healing and is used in many cultures as the backbone of medicine. We consider herbal remedies are of most benefit when used to treat chronic, ongoing conditions. We also aim to treat the person as a whole using whole plant medicines to stimulate the body's own healing abilities.

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Learn how specific ingredients can alleviate or support your various health issues. My aim is to teach people to support their own health and wellbeing.

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Clinics held at SETAC Cygnet & Geeveston

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SETAC Primary Health Care & Well-being Centre
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Phone: (03) 6295 1125 Fax: (03) 6295 0752



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- ◇ Digestive conditions
- ◇ Stress
- ◇ Colds and flu's
- ◇ Arthritis
- ◇ Insomnia
- ◇ Endocrine disorders
- ◇ Upper respiratory tract infections
- ◇ Heart and circulatory conditions
- ◇ Headaches and migraines
- ◇ Gynaecological issues

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Lisa Anderson has a long family history of herbalists. Lisa has always had an interest in plants and the environment which led her to university and a graduate certificate in environmental science and a Bachelor of Education.

Lisa relocated to Tasmania so she could follow her passion for plants and herbal medicine then undertook an advance diploma in western herbal medicine which is now complete. Lisa is a full member of the National Herbalist Association of Australia

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SETAC programs and services are available to Aboriginal and Torres Strait Islander community members and their families.

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To book a session please call

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