



SETAC GROUPS MARCH 2019



Search: @setacaus
South East Tasmanian Aboriginal Corporation

Spaces for groups are limited so please book early to secure a spot.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5	6	7 DIABETES WORKSHOP - DOVER CWC AQUA 2PM	8
11 PUBLIC HOLIDAY QUEENS BIRTHDAY	12 DOVER WOMEN'S CIRCLE COTA - Elder Abuse Dover Esperance Multi-Purpose Centre 10:30AM - 12:30PM	13	14 DOVER & CYGNET MEN'S GROUP HEART FOUNDATION-FIRE PIT <i>To be confirmed</i> PICK UP CYGNET 10AM PICK UP DOVER 10:30AM	15
18	19 CYGNET WOMEN'S CIRCLE DONATE FOR LIFE Trip to Hobart - Bus 9am <i>sharp</i> DOVER MEN & WOMENS GROUPS HOME CARE PACKAGES TALK 10:30 Port Esperance Sailing Club	20 EATING WITH FRIENDS Franklin <i>Bookings Essential</i>	21 DIABETES WORKSHOP - DOVER EATING WITH FRIENDS Dover <i>Bookings Essential</i> CWC AQUA 2PM	22
25	26	27	28 CMG AQUA 2PM	29

The South East Tasmanian Aboriginal Corporation (SETAC) receive funding from the Australian Government



SETAC Services MARCH 2019

PLEASE CALL SETAC ON 6295 1125 TO BOOK AN APPOINTMENT



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Monday	Tuesday	Wednesday	Thursday	Friday
				1 FPT NURSE MUMS & BUBS SHARON O'ROURKE MOBILITY FITNESS 11:00AM General Purpose Room
4 DIABETES EDUCATOR 2PM-4PM PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	5 DERMATOLOGY CLINIC MASSAGE CYGNET CARE GROUP	6 PLAYGROUP 9:30AM St Giles FITNESS 4:30PM GP ROOM	7 DIABETES WORKSHOP - DOVER 10:30AM - 12:30PM FITNESS 4:30PM GP ROOM	8 FPT NURSE MOBILITY FITNESS 11:00AM General Purpose Room
11 PUBLIC HOLIDAY QUEENS BIRTHDAY	12 MASSAGE GEEVESTON	13 PLAYGROUP 9:30AM St Giles FITNESS 4:30PM GP ROOM	14 PODIATRY GEEVESTON FITNESS 4:30PM GP ROOM	15 MOBILITY FITNESS 11:00AM General Purpose Room
18 DIABETES EDUCATOR 2PM-4PM MASSAGE - DOVER PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	19 MASSAGE - CYGNET CARE GROUP	20 HYPNOTHERAPY - CYGNET PLAYGROUP 9:30AM St Giles FITNESS 4:30PM GP ROOM	21 DIABETES WORKSHOP - DOVER 10:30AM - 12:30PM FITNESS 4:30PM GP ROOM	22 FPT NURSE MOBILITY FITNESS 11:00AM Cygnet Sports Centre
23 PHYSIO - CYGNET PHYSIO GYM 10am to 12pm FITNESS 4:30PM GP ROOM MENS FITNESS 5:30PM	26 MASSAGE - CYGNET	27 PODIATRY - CYGNET AUSTRALIAN HEARING PLAYGROUP 9:30AM St Giles FITNESS 4:30PM GP ROOM	28 DIABETES WORKSHOP - DOVER 10:30AM - 12:30PM FITNESS 4:30PM GP ROOM	29 AUSTRALIAN HEARING - DOVER MOBILITY FITNESS 11:00AM General Purpose Room

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